

DAY 14

S Read Mark 7

C The Pharisees and teachers of the law had been given the commands, statutes and teachings of God, but seemed to miss the whole point. Their adaptation of the law had become empty, hollow and heartless.

A We are given a solemn warning that if we are not careful, we can fall into this same trap. It is easy to settle into a routine and focus on schedules and to-do-lists. Although we don't mean for it to happen, the voice of God can get drowned out by these distractions. Let this time of prayer and fasting disrupt the regular patterns of life. Make time to meditate on God's Word and listen to His Voice. You will experience clarity where there was confusion, and peace during the trial.

P *"Father, I choose to disconnect from all the distractions to draw closer to You. Let my eyes be steady on what You have set before me and help me never lose focus on the things of substance that produce life. Amen."*